

Indigo Selects Dollco Customer as Best of the Decade

Ottawa, ON Canada (Feb 22, 2010) – The large Canadian bookseller, Indigo Books & Music, revealed its list of the 75 books that most impacted readers in the first 10 years of the millennium. And **Eat, Shrink, and Be Merry** the cookbook published by Granet Publishing and sisters, Janet and Greta Podleski, was chosen.

Indigo made the selection of 75 books from over 140,000 titles sold in 2009 alone. According to Indigo, the selection of best books “is driven by their impact and their popularity... books that motivated Canadians to read, to talk and to think about life and the world around them.”

Eat, Shrink and Be Merry- All of the Taste, But Not on Your Waste is a cookbook of low-fat recipes, created with the same unique style and humour of the Podleski’s previous cookbooks, **Looneyspoons** and **Crazy Plates**.

The cookbook was selected alongside influential titles such as Malcolm Gladwell’s **The Tipping Point** and **The Audacity of Hope** by Barack Obama, as well as the wildly popular **Harry Potter and the Deathly Hallows**.

For more information about Granet Publishing and **Eat, Shrink and be Merry**, please go to, <http://www.eatshrinkandbemerry.com/>

For more information about Indigo’s **Booklover’s Best of the Decade**, please go to, http://www.chapters.indigo.ca/best-decade/bestofthedecade-giz.html?s_campaign=PR_newyear_Dec09

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